



TEAM SIGNALS
DIAGNOSTIC TOOL

Unlock Team Energy with Actionable Insights

The 15-minute pulse-check that shows where your team is strong and where it's stuck.

Why teams use Team Signals:

"A simple language and clear data" "Sparking rich conversations" "A shared sense of direction"



Trusted Science

Forty years of research underpinning everything we do.



Smart Technology

Unlocking that research and powering innovation.



Human Insight

Real understanding of people that improves how teams collaborate.

2.5M+
PROFILES

190
COUNTRIES

40+
YEARS OF RESEARCH

8
SIGNALS

What Team Signals enables



Read Your Team's Energy

- ✓ A clear read on engagement, in the team's own voice
- ✓ Highlight and sustain what's working well
- ✓ Identify development priorities



Accelerate Team Performance

- ✓ A simple, efficient starting point for focused development
- ✓ Priorities set by the team lift ownership and engagement
- ✓ Build shared expectations and purpose alignment



Make L&D Investment Count

- ✓ Set a baseline with a first pulse
- ✓ Track progress with repeat pulse checks
- ✓ Measure the impact of changes over time



Traffic-Light Dashboard

Instant diagnostic results across the eight signals: green ready, amber attention, red sticking-point.



Multi-Rater Perspective

Dual view: leader and team rate the same eight questions, surfacing misalignment early and supporting productive conversations.



Pulse-Check Capability

Re-pulse your team in 6-12 weeks to track shifts across the eight signals, without heavy assessment burden.

How it works: simple, relatable, evidence-based

01



Deploy the pulse

Team leader and members complete the 15-minute Team Signals questionnaire online, capturing both perspectives on eight core team-health dimensions.

02



Receive your dashboard

A simple traffic-light report displays what's working well and the opportunities to develop next across the eight signals. A second view shows where the team is aligned and where perspectives differ.

03



Act and re-pulse

Identify one to three priority focus areas, run focused development, and re-pulse in 6-12 weeks to measure the shift.



Team Signals gave the new leaders a simple language and clear data to take ownership of their journey, sparking rich conversations, a shared sense of direction and co-created business plans. It also provided documented data for executive reporting to prove the investment was working.

Justine Coleman, Director and Lead Facilitator · Performance Culture Consulting

— GET STARTED

Take your team's pulse today

Fast diagnostics. Science-backed insights.
Contact us for pricing or a sample Team Signals report.



Enquire now

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Learn more

www.TMS.Global